

A note.

If you're anything like me, you have had (and still have) some voids. Voids are those empty spaces our human nature consciously and subconsciously tries to fill so we feel whole and complete.

For a long time, I personally sought validation from people to feel important — particularly men. I love words of affirmation, but it became unhealthy at times because I began to completely rely on those affirmations to feel good about myself. One thing remains true though, seeking validation from people to feel complete is like trying to drink from a cup with holes in it.

Does anyone else have a story like this? One where you tried everything to feel complete? For some of us it's romantic relationships or heavy dependency on friends. For others it may be the use of substances or shopping addictions.

In the story of the woman at the well, Jesus offers something better than the people or things we've been using to try to quench our thirst. He offers himself: The Living Water.

I pray this study is a gentle redirection back to the Lord. It doesn't matter where you've been or what you've been using to fill up. Jesus calls us back to Him. He knows that He is everything we're searching for.

- Jordyn Imari

Parts of the Study

These are the key sections of each day of this bible study:

Read: each day is based on specific bible verses. We do nothing apart from the word of God. This is meant to give you intentional scriptures to read and time to soak in God's word.

Devotional: based on the scripture reading of the day, this is meant to give you more context, explanation, and application of the scriptures

Reflect: this is for the purpose of getting you thinking about what you're reading. Meditating on God's word helps transfer it from head knowledge to written on your heart.

Write: whether you're a writer or not, the act of writing helps you remember key takeawas and it's a great way to be raw and honest about how you are feeling.

Pray: each day ends with a prayer because God loves to hear from his people. You don't have to use these prayers word for word, though you certainly can if you want! But prayer gives us intimate access to God. We believe in the power of prayer!

Before Jou Begin

### CHARACTER PROFILES

The Samaritan Woman

The Samaritan woman is one of mixed race that was disliked by Jews. Not only that, but she was also a social outcast. We later learn that the woman has been married 5 times and is now living in sin with her current boyfriend.

During these times, coming to the well to get water and chat among a community of women was the highlight of the day for many women. The woman came alone to the well when no one was around, likely to avoid shame.

Jesus

One of the many things to note about Jesus in this story is that He crossed cultural and social barriers for the purpose of leaving the 99 for the 1 that was lost.

During these times, Jews avoided Samaritans and did not associate with them at all. Jesus, however, spoke to the woman at the well anyway despite her race and her poor reputation.

Jesus reveals himself 3 different times throughout the story:

- 1. The Living water (John 4:13-14)
- 2. A Prophet (John 4: 16-19)
- 3. The Messiah (John 4: 24-26)



# The Gospel is for Everyone

Pend: John 4:1-10

#### Crossing Barriers (John 4:9)

In verse 9, the Samaritan woman is clearly a little taken aback by Jesus speaking to her because Jews did not associate with Samaritans. It goes back to their history. To give a little backstory, the northern kingdom fell to the Assyrians and many Jews were deported to Assyria, where foreigners were brought in to settle the land and keep peace. Intermarriage happened between the forgeiners and remaining Jews, resulting in a mixed race called the Samaritans. In the opinion of Jews who lived in the southern kingdom, Samaritans were impure and very much hated.

Even with this long-standing prejudice between Jews and Samaritans, Jesus didn't operate with these prejudices and restrictions. He sought out the Samaritan woman anyway. Why? Because the gospel is for everyone.

#### Why me?

Have you ever felt like you weren't worth it? During one particular rough season, I was rejected from a group of friends and it crushed me and my identity. For a long time, I struggled with feeling like I was not worthy of anything – love, healing, or friendship.

In the midst of the division, Jesus met me right in the middle. He sat with me. He acknowledged me. He corrected me. Just like the woman at the well, I was ducking around to avoid shame, but Jesus shined his holy light on me and told me that I was worth it.

Reflect: Has there been a time you felt you weren't good enough?

#### Misunderstanding the Identity of Christ (John 4:10)

In verse 10, we see that the Samaritan woman didn't know who Jesus was. She misunderstood his identity. When Jesus said he could give her living water, he revealed himself as the Messiah. If she had known Jesus as the Messiah, her response would have been different. She was instead focused on the fact that Jesus was a Jew speaking to her – a Samaritan woman.

Have you ever been there before? I have. There have been many times that I "missed" Jesus in a situation because I was so focused on the uncomfortable details of it.

The Lord is right there with us when we're going through difficult times, but sometimes we miss him or misunderstand his identity because we're focused on the wrong things.

One thing the Lord has been teaching me is that his identity does not change based on my situation or my emotions. He remains the same now and forever. He's always there, faithful, and consistent because that's who He is.

Write:

Jot down a situation in which you "missed" Jesus. Maybe you were too clouded by emotions and couldn't see his hand at work in your life. When was His identity eventually revealed to you?

Pray:

Lord I thank you for loving me unconditionally. I don't always feel you, but I know you're there for me as you always have been. I can never repay you for choosing me, but I give you my life. I worship you. I praise you. Even when others thought the worst about me, you called me loved, free, redeemed, and forgiven. Thank you for being my dearest Father and my closest Friend. In Jesus' holy name, Amen.



### Are You Thirsty?

Pend: John 4: 11-14

#### Temporary Fill (John 4: 13-14)

Not too long ago, God revealed to me that the reason I always felt so empty or disappointed was because just like the woman at the well, I was trying to drink from "wells" that weren't meant to satisfy. There is always a root cause for why we seek people or things to fill our voids.

For example, I always sought validation from people, because I struggled with feeling important, valued, and loved. It became very clear that I had an identity issue that could only be fixed by the Lord.

Reflect: What are you thirsty for?

#### Jesus alone satisfies (John 4:13)

John 4:13 shows us that the only water that will satisfy us for a lifetime comes from Jesus. Once we drink this water, we will never thirst again. This is Jesus' promise for those who give their life over to Him.

The fleshly satisfaction we chase always leaves us wanting more. It is just like drinking soda on a hot summer day when you're thirsty. It may taste good and hit the spot temporarily, but oftentimes you feel even more thirsty than you were before.

This is what Jesus is saying. He wants us to understand that everything we are looking for can be found in Him. Loneliness, broken-heartedness, rejection, desire for intimacy, and issues with identity can all be mended by drinking from the well Christ offers.

Write:

Focus specifically on John 4:13-14 and list out the "wells" you've been trying to drink from that are only providing temporary satisfaction.

Pray:

Lord, I thank you for your sacrifice on the cross. Your death and resurrection brought me eternal life. I am still broken and desperately need you as my Savior. I repent of seeking outside things to make me whole. They were never meant to satisfy me. But you Lord, are the well that never runs dry. You are the living water. I pray today that you pour you living water out on me. Give me a drink so that I may always remember that only you can satisfy my needs. Lord thank you for restoring my soul.

In Jesus' holy name, amen.



## There is No Shame

Pend: John 4:15-26

#### Two Kinds of Water (John 4:15)

Starting in verse 15, the Samaritan woman gets excited about the living water Jesus is offering. She says 'Sir give me this water so that I won't get thirsty and have to keep coming here to draw water." This woman still didn't get it. She confused the need for physical water with the need for spiritual water. The Samaritan woman seemed to be interested in this water only because she thought it would make her life easier. The woman still didn't recognize Jesus or understand that through Him, she could have eternal life.

So, what happens next, might be the most "popular" part of this story. I believe this is what transformed the woman's heart.

#### Concealed Sin (John 4:16-19)

Jesus tells the woman to go get her husband. We then learn that she doesn't have a husband. Jesus exposes her sin and says "you are right when you say you have no husband. The fact is, you have had five husbands and the man you now have is not your husband."

#### Ouch.

Why does Jesus do this? Why did he "randomly" call out this woman's sin like this? Well, it's not random at all. In fact, this is what often needs to happen so healing can begin. Whenever our sin is hidden and concealed, it keeps us from seeing the light of Christ. Darkness and light cannot coexist. Light drives out darkness.

In order for this woman to learn the identity of Christ, He had to shine a light on the most vulnerable spot in her life. This woman clearly had voids only Jesus could fill.

Peffect:

Has there ever been a time God exposed your secret sin? How did you feel?

#### No Shame

Jesus knew exactly who the Samaritan woman was. He knew her poor reputation and he knew her current sin. That didn't stop Him from pursuing her at all. He didn't shame her or make her feel guilty. He simply offered her something different than what she had been chasing. He let her know that there was another way to fill her soul – one that didn't require meaningless relationships, guilt, or shame.

This story is a perfect example of how all people are valuable to God. He didn't die for "perfect" people that have no problems. He died for the sinners, the worst of the worst. He looked at every single one of us and said "I choose them." How powerful is that?

Write: What have you been ashamed of lately? Write them down. Now what does Romans 8:1 say about condemnation? Do you believe this truth?

Mray: Lord, I have no idea how you can look at me and call me redeemed, but I speak that over myself today. Your word says there is no condemnation for those who are in Christ. Therefore, I have no reason to be ashamed. You died on the cross and washed me clean of the stain of sin. Help me to always remember how much you love me. In Jesus' holy name, amen.



# The Power of Our Testimony

Pend: John 4:28-42

#### **Sharing Your Testimony**

When the Samaritan woman finally realized who Jesus was, she was eager to spread the word about what He said to her. She went into town raving about the Messiah and what she had just experienced. Because of that, many people started to believe that Jesus was indeed the Messiah and Savior. Souls were saved.

This is how powerful our testimony is. When we share with others all that God has done for us, we are planting a seed in their hearts that may grow their faith in Jesus Christ. This is why we should unashamedly share our testimony.

There is no "wrong" time to share your testimony, either. The harvest is plenty and there are people all around who want and need to hear the Gospel.

#### Be Unashamed

Revelation 12:11 says that we can triumph over the enemy by the word of our testimony. So when guilt and shame try to make their home with you, by the power of your testimony you can tell them to leave. They are NOT welcome. All guilt and shame was nailed to the cross and we no longer have to be iburdened by our past mistakes. Jesus paid for them all.

Just like the Samaritan woman at the well, Jesus relentlessly pursues us, already knows our brokenness, and wants to love us and offer us eternal life anyway. How beautiful is that? Will you accept that love today?

Peffect:

Oftentimes we think of our "testimony" as an opportunity to share all the bad things that have happened to us and how God brought us through it. We're missing a key part, though. Most importantly, our testimony is what God saved us from. Meaning, were you a liar? Thief? Prideful? Adulterous? Fornicator? What was the sin He rescued you from?



Write down your testimony. It can be as long or short as you want. What is the sin God saved you from? And how has His love changed you?

Pray:

Lord, Your word never fails to correct, guide, and instruct me. I am so grateful for this. Throughout this study, I have had an opportunity to learn about your character and love and I am forever amazed by your beauty. Lord, I pray that you expose all the ways I am trying to fill up outside of you and give me the strength to lay them down at your feet. Only you can satisfy my soul. Only you can make me whole. Only you complete me. In Jesus' name, Amen

### REMINDER:

Sou are zo loved.

IF YOU ENJOYED
THIS BIBLE STUDY,
PLEASE SHARE IT
WITH SOMEONE
ELSE. YOU NEVER
KNOW WHO IT
WILL BLESS.

Feel free to connect with me on IG @jordynimariwrites and share your thoughts on the study! I'd love to hear from you.